

## **Our Holy Prophet ﷺ has said :**

“Every Muslim has Six duties to perform for every other *Muslim.*” and they are as follows:-

1. When he becomes sick, to visit him.
2. When he dies, to attend his funeral.
3. When called for, in a certain calamity, to assist him.
4. When he makes salaam, to reply.
5. When he sneezes, to say May Allah ﷻ have mercy on you.
6. And to always be a well wisher for him, whether he be present or absent.



*“Invite (mankind) to the way of your Lord with wisdom and beautiful advice and reason with them in the best manner possible” AN NAHL 125*

**OUR AIM IS TO EDUCATE, STRENGTHEN & UNITE  
THE MUSLIM UMMAH. WE HUMBLY REQUEST  
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## DURUD-E-IBRAHIM

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

اللّٰهُمَّ صَلِّ عَلٰی مُحَمَّدٍ وَعَلٰی اٰلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلٰی

اِبْرٰهِيْمَ وَعَلٰی اٰلِ اِبْرٰهِيْمَ اِنَّكَ حَمِيْدٌ مَّجِيْدٌ ط

اللّٰهُمَّ بَارِكْ عَلٰی مُحَمَّدٍ وَعَلٰی اٰلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلٰی

اِبْرٰهِيْمَ وَعَلٰی اٰلِ اِبْرٰهِيْمَ اِنَّكَ حَمِيْدٌ مَّجِيْدٌ ط

BISMILLĀHIR-RAḤMĀNIR-RAḤĪM

“ALLĀHUMMA ṢALLI `ALĀ MUḤAMMADIW-WA`ALĀ  
ĀLI MUḤAMMADIN KAMĀ ṢALLAYTA `ALĀ IBRĀHĪMA  
WA `ALĀ ĀLI IBRĀHĪMA INNAKA ḤAMĪDUM MAJĪD.

ALLĀHUMMA BĀRIK `ALĀ MUḤAMMADIW-WA  
`ALĀ ĀLI MUḤAMMADIN KAMĀ BĀRAKTA `ALĀ IBRĀHĪMA  
WA `ALĀ ĀLI IBRĀHĪMA INNAKA ḤAMĪDUM MAJĪD.”

*In the Name of Allah, the Most Gracious, the Most Merciful.*

*O Allah send your salutations upon Muhammad and  
the progeny of Muhammad as you have sent your  
salutations on Ibrahim and the progeny of Ibrahim indeed  
you alone are the praiseworthy and magnificent.*

*O Allah send your blessings upon Muhammad and the  
progeny of Muhammad as you have sent your blessings  
on Ibrahim and the progeny of Ibrahim indeed you  
alone are the praiseworthy and magnificent.*

**Significance:** This salutation is known as *Durud-e-Ibrahim*, which is recited in *salaah* and considered the best of all salutations.

One who recites this salutation, his sins are forgiven and is saved from *hell* and Allah ﷻ and his *angels* send blessings on him. The *du'a* made between salutations is verily accepted by Allah ﷻ.

One who recites salutation 100 times on Friday shall come on the *day of Resurrection* with a very great amount of luster.

“Anxieties, sorrows, troubles, helplessness and monetary difficulties of one who always recites salutations disappear and he gets his desire fulfilled and monetary condition considerably improved. Besides these, there are also other innumerable blessings of salutations.

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لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ ط

“LĀ ILĀHA ILLĀ ANTA SUBĤĀNAKA INNĪ  
KUNTU MINAẒ ŻĀLIMĪN.”

*There is none worthy of worship besides you  
(O Allah) you are free of all faults, (whereas) indeed  
I am of the wrongdoers.*

By reciting the above *ayah* at the time of any difficulty and trouble, Allah ﷻ willing, one gets assured relief. There maybe *ISMUL-AZAM* hidden in it. It should be recited 100 times at night.

Prophet Yunus عليه السلام recited the same *ayah* when in the stomach of the whale, and he was freed. Our Prophet Rasulullah ﷺ has said that Allah ﷻ accepts the *du'a* (prayer) of the man who prefixes the above *ayah* (verse) with his *du'a*.

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فَإِنْ تَوَلَّوْا فَقُلْ حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ ط  
 عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ ط

FA'IN TAWALLAW FAQUL ḤASBIYAL-LĀHU LĀ ILĀHA ILLĀ HŪ.  
 `ALAYHI TAWAKKALTU WAHUWA RABBUL `ARSHIL `AẒĪM."

*And if you (or the situation) were to turn (for the worse) then proclaim: "Allah suffices me. There is no god but he. Upon Him is my faith (trust) and He alone is the lord of the mighty throne.*

**Significance:** This verse should be recited 7 times morning and evening daily, and if possible 100 times daily. One who does this shall be protected from all the troubles of this world and the world hereafter.

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ ء  
 وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ ط

SUBḤĀNAL-LĀHI WAL ḤAMDU LILLĀHI WA LĀ ILLĀHA ILLAL-  
 LĀHU WALLĀHU AKBAR, WA LĀ ḤAWLA WA LĀ QUWWATA ILLĀ  
 BILLĀHIL `ALIYYIL `AẒĪM.

*Glorified is Allah. All praise belongs to Allah. There is no god but Allah. Allah is great. There is no power nor might besides that of Allah, the high, the mighty.*

**Significance:** By reciting this, one's sins are shed like dry leaves from a tree. At night before going to sleep if one recites this, his sins will be forgiven even though they (sins) may be countless.

فَاللَّهُ خَيْرٌ حَافِظًا وَهُوَ أَرْحَمُ الرَّاحِمِينَ ط

FALLĀHU KHAYRUN ḤĀFIẒAW WA HUWA ARḤAMUR RĀḤIMĪN.

*Allah is the best guardian and He is the most Merciful*

**Significance:** One who has fear of any enemy or anxiety of any trouble and calamity should always recite the above *du'a*, God willing, he will be protected.

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اللَّهُمَّ اجْرِنِي مِنَ النَّارِ ط

“ALLĀHUMMA 'AJIRNĪ MINAN-NĀR.”

*O ALLAH ! Protect me from the fire of Hell*

**Significance:** This should be recited 7 times after Fajr and Maghrib prayers. It confers great blessings if one dies, either during the same day or night and he will be saved from Hell.

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سُبْحَانَ اللَّهِ وَمَجْمَدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ ط

“SUBḤĀNAL-LAHI WA BIḤAMDIHĪ SUBḤĀNAL-LĀHIL `AẒĪM.”

*Glorified be Allah and His is all praise. Glorified be Allah the Magnificent.*

**Significance:** By reciting this *du'a* 100 times daily, one's sins are forgiven even though they (sins) may be countless. Before the rising of the sun, if one recites the above *du'a* and recites 100 times the *ISTIGHFAR* (written below) his monetary condition improves considerably and all distresses will disappear.

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اللَّهُمَّ إِنَّكَ عَفْوٌ كَرِيمٌ رَّحِيمٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي ط

“ALLĀHUMMA INNAKA `AFUWWUN KARĪMUR RAHĪMUN  
TUḤIBBUL `AFWA FA`FU `ANNĪ.”

*O Allah ! Thou art the best Forgiver, Beneficent and Merciful;  
Thou lovest forgiveness so forgive me.*

**Significance:** Our Prophet ﷺ has recommended this *du`a* to be recited as many times as one can during the 15th night of the month of *Shaban* or during *Laylatul-Qadr*. Usually this confers many blessings on its reciter.

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حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ ط

HASBUNAL-LĀHU WA NI`MAL WAKĪL.

*God sufficeth for us and He is the best protector.*

**Significance:** Our Prophet ﷺ has said that when one is in any distress or trouble, he should recite the *du`a* above. When *Namrud* threw *Ibrahim* (عليه السلام) into fire, He (*Ibrahim* (عليه السلام)) recited this and got absolute relief from the fire.

When in any distress this *du`a* should be recited 500 times daily. It has great merits and is very effective.

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أَسْتَغْفِرُ اللَّهَ الْعَلِيِّ الْعَظِيمِ ط

ASTAGHFIRUL-LĀHAL `ALIYYAL `AẒĪM.

*I beseech forgiveness of my sins from Allah, the Greatest, the Highest.*

**Significance:** Our Prophet ﷺ used to recite this *du`a* 70 times daily.

He has said that the one who recites this daily, shall be relieved of all his difficulties and he shall be free from any anxiety and distress and Allah ﷻ shall give him plenty of wealth, from undreamt sources.

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هُوَ الرَّحْمَنُ الرَّحِيمُ ط

HUWAR RAḤMĀNUR-RAḤĪM.

*He is most Beneficent and most Merciful*

**Significance:** After every *salaah*, one who recites this shall have softness in his heart and his troubles will disappear. After every *salaah*, if recited many times, idleness will disappear and love of *salaah* will be created in him. If recited constantly, people will also love him.

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اللَّهُمَّ عَافِنَا مِنْ كُلِّ بَلَاءِ الدُّنْيَا  
وَعَذَابِ الْقَبْرِ وَعَذَابِ الْأُخْرَةِ ط

ALLĀHUMMA `ĀFINĀ MIN KULLI BALĀ'ID-DUNYĀ  
WA `ADHĀBIL QABRI WA `ADHĀBIL ĀKHĪRAH.

*O Allah ! Save us from every distress of the world and torment of the grave and of the Resurrection.*

**Significance:** After every *salaah* this should be recited.

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يَاحْيُ يَا قَيُّوْمُ ط

YĀ ḤAYYU YĀ QAYYŪM

*O the Living, the Ever-Lasting.*

**Significance:** It has great merits if recited 200 times any time during the day. If recited by a sick person, he will recover from his illness.

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يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ ط

YĀ-ḤAYYU YĀ-QAYYŪM. BI RAḤMATIKA ASTAGHĪTH.

*O the Living, the Ever-Lasting, in your Mercy do we seek help.*

When in distress/difficulty continually recite the above then make *du'a* to Allah ﷻ, Insha-Allah, one shall get his freedom from the difficulty.

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يَا رَحِمَ الرَّاحِمِيْنَ ط فَرِّجْ عَنِ الْمُسْلِمِيْنَ ط

YĀ ARḤAMAR-RĀḤIMĪN. FARRIJ `ANIL MUSLIMĪN.

*O the most Merciful ! Free the Muslims from all troubles.*

**Significance:** The recital of “YĀ ARḤAMAR-RĀḤIMĪN !” in every difficulty and distress, is very effective. After Isha *salaah*, if recited 100 times in *sajdah*, will remove all troubles and distresses.

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يَا حَافِظُ يَا حَافِظُ ط

YĀ ḤĀFIẒU YĀ ḤAFĪẒU

*O Protector, O Guardian*

**Significance:** By reciting these names, one is protected from ghosts and evil spirits and many other worldly troubles. At the time of sudden

calamity, if recited calamities will disappear.

During travel if one has fear of an enemy etc. Its recital will prove very useful.

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مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ ط

MĀ SHĀ' ALLĀHU! LĀ QUWWATA ILLĀ BILLĀH

*What Allah desires is done and there is no power nor might but that of Allah.*

**Significance:** Those who are blessed by Allah ﷻ, with wealth and children, should recite this, so that Allah ﷻ may protect them from calamities.

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الْحَمْدُ لِلَّهِ ط

ALḤAMDU LILLĀH.

*All Praise be to Allah.*

**Significance:** To be recited after sneezing, when reaching home or destination, after taking food or drink, waking from sleep and on every blessing from Allah ﷻ.

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ط  
سُبْحَانَ الْأَبَدِيِّ الْأَبَدِ ط

سُبْحَانَ الْوَاحِدِ الْأَحَدِ ۝

سُبْحَانَ الْفَرْدِ الصَّمَدِ ۝

سُبْحَانَ مَنْ رَافِعِ السَّمَاءِ بِغَيْرِ عَمَدٍ ۝

سُبْحَانَ مَنْ بَسَطَ الْأَرْضَ عَلَى مَاءٍ جَمَدٍ ۝

سُبْحَانَ مَنْ خَلَقَ الْخَلْقَ فَأَحْصَاهُمْ عَدَدًا ۝

سُبْحَانَ مَنْ قَسَمَ الرِّزْقَ وَلَمْ يَنْسَ أَحَدًا ۝

سُبْحَانَ الَّذِي لَمْ يَتَّخِذْ صَاحِبَةً وَلَا وَلَدًا ۝

سُبْحَانَ الَّذِي لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ۝

### BISMILLĀHIR-RAḤMĀNIR-RAḤĪM

1) SUBḤĀNAL 'ABADIYYIL 'ABAD.

2) SUBḤĀNAL WĀHIDIL AḤAD.

3) SUBḤĀNAL FARDIŞ-ŞAMAD.

4) SUBḤĀNA MAR RĀFI'IS SAMĀ'I BI GHAYRI 'AMAD.

5) SUBḤĀNA MAM BASAṬAL ARḌA `ALĀ MĀ'IN JAMAD.

6) SUBḤĀNA MAN KHALAQA KHALQA FA'AḤŞĀHUM `ADADĀ.

7) SUBḤĀNA MAN QASSAMAR RIZQA WA LAM YANSA 'AḤADĀ.

8) SUBḤĀNAL-LADHĪ LAM YATTAKHIDH

ŞĀHIBATTAW-WA LĀ WALADĀ.

9) SUBḤĀNAL-LADHI LAM YALID WA LAM YŪLAD WA LAM

YAKUL-LAHŪ KUFUWAN 'AḤAD.

## *In The Name Of Allah, The Beneficent & Merciful*

1. *Glorified be He, who is infinite, eternal.*
2. *Glorified be He, who is the one unequaled.*
3. *Glorified be He, who is independent of all things  
(yet all things depend upon him)*
4. *Glorified be He, who has lifted the sky without the use of pillars.*
5. *Glorified be He, who has laid out the earth firm on water.*
6. *Glorified be He, who has created the entire creation  
and has counted all.*
7. *Glorified be He, who distributes sustenance without  
neglecting anyone (or anything).*
8. *Glorified be He, who has no partner or son.*
9. *Glorified be He, who neither begets nor is He begotten  
nor does He have an equal.*

**Significance:** Imam Abu Hanifa rah said that I entreated 'O Allah ﷻ! how can we be free from Thy punishment on the day of Judgement.? The answer was heard, that anybody reciting these glorious names morning and evening, shall get salvation from Allah's ﷻ chastisement.

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يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

YĀ MUQALLIBAL QULŪB. THABBIT QALBĪ `ALĀ DĪNIK.

*O converter of hearts ! keep my heart tied to thy way i.e. Islam*

**Significance:** He who recites this after every salaah shall die a Mu'min.

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يَا حَنَّانُ يَا مَنَّانُ

YĀ ḤANNĀNU ! YĀ MANNĀN !

*O Compassionate, O Giver of favours*

**Significance:** By reciting these names one shall be saved from the punishment of hell on the *Day of Resurrection*.

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## SAYYIDUL ISTIGFAR

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝  
اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ  
وَأَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ مِنْ  
شَرِّ مَا صَنَعْتُ أَبُوْءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوْءُ بِذُنُوبِي  
فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ ۝

### BISMILLĀHIR-RAḤMĀNIR-RAḤĪM

ALLĀHUMMA 'ANTA RABBĪ, LĀ ILĀHA ILLĀ ANTA KHALAQTANĪ  
WA 'ANA 'ABDUKA WA 'ANA 'ALĀ 'AHDIKA WA WA'DIKA  
MASTAṬATU A'ŪDHUBIKA MIN SHARRI MĀ ṢANA'TU ABŪ'U  
LAKA BI NI'MATIKA 'ALAYYA WA ABŪ'U BIDHAMBĪ, FAGHFIRLĪ  
FA INNAHŪ LĀ YAGHFIRUDH-DHUNŪBA ILLĀ ANTA."

*In the Name of Allah, the Most Gracious, the Most Merciful.*

*Oh ! Allah ! Thou art my lord : There is no God besides  
Thee, Thou created me. I am Thy slave and as far as I could  
I remain steadfast to Thy Promise and I beseech Thy  
forgiveness from my evil deeds. I humbly affirm what  
Thou bestoweth on me and I plead guilty to my sins.  
Forgive me, for except Thee there is none to forgive me.*

**Significance:** The Prophet ﷺ has said that anyone having full faith in the above **ISTIGFAR** and recites it during the day and dies before sunset, shall go to paradise and anyone who recites it during the night and dies before sun-rise shall go to paradise. Bukhari

## OTHER WAZAIF

Recite the Holy *Qur'an* daily as much as you can. This is the greatest of all *Wazaif*. It is a means of communicating with Allah ﷻ (the Greatest).

**FAJR:-** (Morning Prayers) Before *Fardh*, recite *Surah al Fatihah* 41 times, and after *Fardh* recite *Surah Yasin* once, *Istighfar* 100 times and *Kalimah Tayyibah* 100 times. i.e.

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَّسُولُ اللَّهِ ﷺ

LĀ ILĀHA ILLĀL-LĀHU MUḤAMMADUR RASŪLUL-LĀH

*There is no God but Allah, Muhammad is the Messenger of Allah.*

**ZUHR:-** After *salaah* recite *Surah al Fathah* once, *Dalailul Khairat* one part, *Kalimah Tayyibah* 100 times, salutations upon the Prophet 100 times and *Surah al Ikhlas* 500 times.

**ASR:-** After *salaah* recite *Surah un Naba'* once then 100 times the following du'a.

LĀ ILĀHA ILLĀ 'ANTA SUBḤĀNAKA 'INNĪ KUNTU MINAẒ-ẒĀLIMĪN.

*for Arabic and translation see page 4*

**MAGHRIB:-** After *salaah* recite *Surah al 'Waqiah* once, *Kalimah Tayyibah* 100 times and salutations upon the prophet ﷺ 100 times.

**ISHA:-** After *salaah* recite *Surah as 'Sajdah'* and *Surah al Mulk* once, *Kalimah Tayyibah* 100 times and salutations upon the prophet 100 times.

## Method And Benefits Of Performing Various Nafl *Salaah*:

- Tahiyyatul Wudhu
- Salaatut-Tawbah
- Salaatut-Tahajjud
- Salaatut-Tasbih

### TAHIYYATUL WUDHU

After completion of *wudhu*, the performing of two *rakaah* of *Tahiyyatul Wudhu* is full of blessings and makes paradise obligatory for the performer.

*Sahih Muslim*

### SALAATUT-TAHAJJUD

To wake up in the middle of the night to perform *Tahajjud* is very beneficial, as it brings about the most rewards of all *Nawafil* (plural of *Nafl*). One should perform anything from 4 *raka'at* to 12 *raka'at*. *Baihaqi* relates that 4 *raka'at* is equal to 4 *raka'at* on *Laylatul-Qadr*. It's performance brings one nearer to Allah ﷻ, and is *Kaffarah* (atonement) for one's previous sins and is protection from performing future sins.

*Tirmidhi*

The doors of mercy are opened and this is the time when one's prayers are accepted because the Almighty sends a message in the last part of the night saying if there is anyone who will appeal to Him, his appeal shall be answered, and if there are any seeking His forgiveness, they shall be forgiven. One should take advantage when waking up for *suhur* (*sehri*) in *Ramadan* and perform this *salaah* before partaking in *sehri*.

### SALAATUT-TAWBAH

If one has performed a sinful act he should read two *rakaat salaatut-tawbah* after which he should sincerely repent, feel remorse for his sins, seek forgiveness and make a firm decision not to repeat the sin. By Allah's ﷻ Grace the sins will be forgiven.

*Shami*

The *Holy Qur'an* - *Surah Al-Imran* - ayah 135 says:-

*"And those who have performed a shameful act or have wronged*

themselves. Earnestly remember Allah ﷻ and ask for forgiveness of their sins. Who can forgive sins except Allah ﷻ?”

## SALAATUT TASHBIH

For this *salaah* four *raka'at* should be performed. The following *tasbih* should be read 75 times in each *rakah* making a total of 300 *Tasbih* in the four *rakaat*. The *Tasbih* is:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ ط

SUBHĀNAL-LĀHI WALḤAMDU LILLĀHI WA LA ILĀHA  
ILLAL-LĀHU WALLĀHU AKBAR.

***Glorified is Allah. All praise belongs to Allah.  
There is no god but Allah. Allah is great.***

When starting the *salaah* say *Allahu Akbar*, recite the *thana*, *Surah al Fatihah* and another *Surah* followed by the *tasbih* 15 times. Then perform *ruku* in which after the usual recitation for *ruku* read the *tasbih* 10 times. Thereafter stand up and read *Rabbana lakal hamd* after which read the *tasbih* 10 times. While performing *Sajdah*, after the usual recitation read the *tasbih* 10 times, then sit up in *qa'dah* and read *tasbih* 10 times followed by the second *sajdah* after the *du'a* of which read the *tasbih* 10 times. Then, after the second *sajdah* sit and read *tasbih* 10 times before getting up for the second *raka'ah*. All the subsequent *raka'at* should be performed the same way.

The traditions have highly recommended it, the Holy Prophet ﷺ told his uncle Abbas ؓ that after performing the 4 *raka'at* of *Salatut -Tasbih* one's sins (past and future, small and big, hidden and open-intentional and unintentional) all are forgiven. Furthermore He advised that it be read every day, if that is not possible then on every *Jumma* or once a month or once a year or at least once in a lifetime. It can be performed any time of the day or night except at the improper *makruh* times.